

Palatal Expander



Palatal expanders are used to expand or widen the upper arch and teeth. Once adequate expansion is complete, the appliance will remain in place for approximately 4-6 additional months



What to Expect



Your speech may be affected or sound different. This is normal and will get better with time.

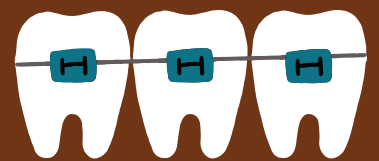
A small space between your front teeth may develop. This is normal and indicates that the expander is working. This space will start to close as soon as the expander is fully opened



When activating the expander, you may notice some minor pressure, this is normal and usually goes away in a few minutes. Very rarely, if needed for discomfort, you can take your choice of over the counter medication (i.e. Advil or Tylenol)

Always Remember ...

Only turn your expander as instructed. DO NOT continue turning your appliance past your instructed length of time, EVEN IF YOU MISS YOUR APPOINTMENT



If bands come loose, **STOP** turning the expander and notify our office immediately. Call 732.704.5474 OR email us at info@mhrortho.com



If you forget to turn the expander for a day, **DO NOT** turn it "double" the next day, just continue as before

Avoid sticky or chewy foods!

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